

**SIR C.R.REDDY COLLEGE FOR WOMEN,ELURU**

**NSS UNIT**



**AWARENESS PROGRAMME ON PERSONALITY DEVELOPMENT**

**Date:24-08-2022**

**Time:10.00 A.M**

**Venue: Seminar hall**

**Guest: Swamy vinialananda, secretary, Rama Krishna mission**

**Organized by**

**SIR C.R.REDDY COLLEGE FOR WOMEN,ELURU**

**2022**

 **SIR C R REDDY COLLEGE FOR WOMEN**   
(Affiliated to ADIKAVI NANNAYA UNIVERSITY, Rajamahendravaram)  
An ISO - 9001:2015, 14001:2015, 50001:2018 Certified Institution  
UGC 2(f) certified institution  
Vaturu, Eluru - 534007  
e-mail : sircrrwomen.principal@gmail.com Website : www.sircrrwomen.ac.in Phone : 08812-231192  
(Estd : 1987)

**Permission Letter**

Date:17/8/2022

Eluru

To  
The Principal  
Sir C.R.Reddy college for women  
Eluru.

Subject: Request to grant permission to arrange Awareness Programme on Personality development –regarding

This is to bring to your kind notice that, NSS Cell is planning to arrange an "Awareness programme on personality development " for all NSS & sports students of 2<sup>nd</sup> degree from 10 A.M onwards on 24<sup>TH</sup> August 2022 at Sir C.R.Reddy college for women-Eluru in Seminar hall.

We request you to grant permission to conduct the programme.

*Permitted*  
*Sabiy*  
PRINCIPAL  
College for Women  
ELURU

*P. Sureshanna*  
Yours Faithfully



(Estd : 1987)

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## NOTICE

Date:19/8/2022

This is to inform that the NSS Unit/Sports unit is going to arrange an Awareness Programme on "Personality development "for 2<sup>nd</sup> degree students in seminar hall at 10 A.M on wards on 24/08/2022.

Hence I request all the students of 2<sup>nd</sup> degree to avail the opportunity.

Signature of the principal  
PRINCIPAL

Sir C.R.R. College for Women  
ELURU





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## BRIEF NOTE

The NSS wing in SIR C R REDDY COLLEGE FOR WOMEN, ELURU organized a programme on personality development at AV hall on SIR C R REDDY college for Women ,Eluru. The resource persons are the most renowned personalities Shri. Guriji from Eluru and Swami vinishchalanandha from Vijayawada. They are very pious regarding the moral, ethical values and positive thinking.

'Guriji' gave so many examples to students regarding the personal life of Sri Rama Krishna, even though Rama Krishna was poor but very pious and virtuous. From early days, he had strong disinclination towards formal education and worldly affairs with his unquenchable thirst of god, Sri Rama Krishna broke the frontiers of Hinduism, glided through the paths of Islam and Christianity, and attained the highest realization through each of them in a short span of time. He looked up on Jesus and Buddha as Incarnations of God, and venerated the ten Sikh Gurus. He expressed the Quintessence of his twelve – year- long spiritual realizations in a simple dictum: " As Many Faiths, So Many Paths". He now habitually lived in an exalted state of consciousness in which he saw God in all beings.



(Estd : 1987)

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INTERNATIONAL COLLEGE

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## **Awareness Programme on Personality development**

### **Aims of personality development:**

1. Personality development helps us develop an impressive personality and makes us stand apart from the rest.
2. Personality development plays an essential role in improving one's communication skills.
3. Individuals ought to master the art of expressing one's thoughts and feelings in the most desired way.

### **Objectives of personality development:**

To develop and improve qualities such as communication skills, confidence, emotional intelligence, self-awareness, leadership abilities, interpersonal skills and over all personal effectiveness.



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## REPORT

On 24<sup>th</sup> August 2022 An Awareness Programme on personality development was arranged for NSS and sports for 2<sup>nd</sup> degree students in seminar hall. The resource person was swamy vinishchalananda, secretary, Rama Krishna mission-Vijayawada.

Guruji elucidates that personality development is a key factor that influences both our professional and personal life. It equips us with valuable traits such as discipline, punctuality and the ability to contribute significantly as a valued member of any organisation. Without discipline, individuals face difficulties in sustaining long-term success without relying on others. Essential qualities like being punctual and adhering to management's rules are crucial for achieving career growth.

Guruji gave so many tips to students to enhance personality development

They are:

1. Learn techniques to prioritise tasks, set goals, manage time efficiently and improve overall productivity.
2. Understand the importance of personal branding, professional appearance, work place etiquette and maintaining a positive professional image.
3. Build self-confidence, overcome self-doubt and be able to assert oneself in professional settings.

4. Improve both verbal and non-verbal communication abilities, active listening and expressing ideas effectively.
5. Learn techniques to expand professional networks establish connections and nurture relationships.
6. Setting personal and professional goals, creating action plans and continuously working towards self-improvement.

**Guruji concludes the session by saying that :**

Accept that everyone is unique, don't have arrogance.

Once must always remember that every one is unique and special in its own self one must never compare their qualities with others which hurts any one, one must never do negative criticism, as it often stands as an obstacle to our glowing personality ,also it destroys of others.

Principal Smt.P.Sailaja, Vice-Principal Smt.S.Anuradha, Faculty members of Sir C.R.Reddy college for women were attended the programme.





SIR. C R REDDY COLLEGE FOR WOMEN, VATLURU, ELURU DISTRICT

(Affiliated to Adikavi Nannaya University, Rajamahendravaram)

ATTENDANCE SHEET

Topic *Awareness programme on personality development*

Class :

Date : 24/08/2022

SL. NO.	Roll NO.	Name of the Student	Signature of the Student
1	213058	V. padmapavani	V. Padmapavani
2	213049	S. Lakshmi Tejaswi	S. Lakshmi Tejaswi
3	213044	R.N.V. Sowjanya Devi	R.N.V. Sowjanya Devi
4	218070	G. Sravani	G. Sravani
5	218093	V. Geetha Jyothi	V. Geetha Jyothi
6	218076	N. Bhargavi	N. Bhargavi
7	218104	ch. J. N. Vardhini	ch. J. n. Vardhini
8	211020	D. Pavani	D. Pavani
9	211057	P. Yamini Sri Venkata lakshmi	P. Yamini S. V. L.
10	211059	T. Tejomai	T. Tejomai
11	211089	Y. Naganjani	Y. Naganjani
12	214029	N. Jajini	N. Jajini
13	214004	D. Jayadurga	D. Jayadurga
14	214002	ch. Divya Sri	ch. Divya Sri
15	214006	M. Venkateswari	M. Venkateswari
16	214007	P. Lalitha	P. Lalitha

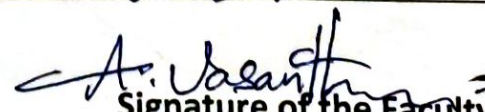


17	217018	Gorela Yogitha Rajya Laxmi	Gyathi
18	217028	Manupati Rami Satyam	M. Rami
19	217040	Raji - Swarna Priya	R. Swarna Priya
20	217020	Gummalla. Abhinaya mani Paul	G. A. mani Paul
21	223705	B. Manideepika	B. Chandre
22	223708	D. Amutha	D. Amutha
23	223714	K. Nomithra	K. Nomithra
24	223724	P. Arjuni sri	P. Arjuni
25	223725	R. Roshita	R. Roshita
26	222031	K. G. S. Priyanka	K. G. S. Priyanka
27	222042	M. Satya Sravya	M. Satya Sravya
28	222043	M. Keerthi	M. Keerthi
29	222008	B. Kanya Raji	B. Kanya Raji
30	226004	A. Naga Bhavani	A. Naga Bhavani
31	226021	J. Bhavya Sri	J. Bhavya Sri
32	226018	G. Harika Sri	G. Harika Sri
33	226013	Ch. Nandini	Ch. Nandini
34	212602	Chitala. Suresh	Ch. Suresh
35	212067	M. Dhavana	M. Dhavana
36	212085	T. Kristina priyanka	T. Kristina
37	212077	R. Jahnvi Naga Venkata Sai	R. Jahnvi
38	212089	V. Jyothir Latha	V. Jyothir Latha
39	229014	B. Eshani	B. Eshani
40	212063	D. Pallavi	D. Pallavi

A. Varantheswari  
Signature of the Faculty



41	215007	M.H.M. Pujitha	M. Pujitha
42	215006	M. Anusha	M. Anusha
43	215008	Y.N. Tsanya	Y. Tsanya
44	215003	J. Pallavi	J. Pallavi
45	215001	A. Jambala sri	A. Jambala sri
46	215005	K. Mounika	K. Mounika
47	215015	B. Likitha	B. Likitha
48	215050	V. Mahalakshmi	V. Mahalakshmi
49	215002	P. Durga Vaishnavi	P. Durga Vaishnavi
50	215049	T. Yaswitharana	T. Yaswitharana
51	215009	A. ANUSHA	A. Anusha
52	215010	A. Tahnavi	A. Tahnavi
53	215011	A. Geetha Mandhi	A. Geetha Mandhi
54	215013	B. Durga prasanna	B. Durga prasanna
55	215014	B. Sirisha	B. Sirisha
56	215016	B. Mounika	B. Mounika
57	215017	Ch. Lakshmi prasanna	Ch. Lakshmi Prasanna
58	215018	Ch. Sridevi	Ch. Sridevi
59	215019	Darani Rajyalakshmi	Darani Rajyalakshmi
60	215020	G. Pujitha	G. Pujitha
61	215021	G. Ramya	G. Ramya
62	215023	T. Keerthi	T. Keerthi
63	215024	Shamila	Shamila
64	215025	Hreshitha	Hreshitha

  
Signature of the Faculty



Activity

Stake Holders

S.NO	Name	Designation
1.	P.Sailaja	Principal
2.	S.Anuradha	Vice-Principal
3.	G.S.R.kalyani	Lecturer
4.	V.Swarnakumari	Lecturer
5.	T.N.D.Ramya	Lecturer
6.	A.Vasantheswari	Lecturer
7.	P.Sunithamma	Physical director





